

# Healthy Carolinians Annual Report

January 2008

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## Healthy Carolinians of the Outer Banks



Healthy Carolinians of the Outer Banks (HCOB) was formed in April of 2001. HCOB is “A Partnership for A Healthier Dare County” and was developed as part of the larger state network of Healthy Carolinians partnerships. Simply stated, the mission of Healthy Carolinians of the Outer Banks is to mobilize the community to make Dare County a healthier place for all who live here.

HCOB completed its first comprehensive community health assessment of Dare County in 2002, and then mobilized concerned citizens into taskforces to address the community health problems uncovered by the assessment. Those taskforces provided Dare County with....

### **Access to Care Taskforce**

Community Care Clinic of Dare

### **Substance Abuse Taskforce**

Dare CASA

### **Aging Taskforce**

Access to Flu & Pneumonia Vaccine

### **Motor Vehicle Injury Taskforce**

Larger, easy-to-read milepost signs

A new community health assessment has been completed. Health and community information was collected through Dare County organizations, as well as data available through state and federal agencies and private organizations. In addition, community concerns and opinions were obtained through a county-wide survey and through focus groups. Healthy Carolinians has used this information to select the priority health and lifestyle issues that it will address during the next 3 years.



## Beacons of Light in 2008

Data reflects the many good things in Dare County...

- Good Surface Water Quality
- Index Crime Rate Decreasing
- Stable Infant Mortality Rate
- Low Diabetes Mortality Rate
- Stable Teen Pregnancy Rate

Dare County citizens told us what they thought...



- 89% of survey respondents said that Dare County is a 'safe place to live'.
- 97% of survey respondents said that Dare County has 'safe schools'.
- 82% of survey respondents said that Dare County is 'supportive of families'.

- **Obesity**
  - The percentage of overweight 12 to 18 year olds in Dare County (35.4%) is higher than the state average of 25.7%.
- **Cancer (Breast & Lung)**



## How You Can Get Involved!



Community volunteers are an essential part of this process. Taskforces of volunteers are needed to work together to develop action plans to address the identified community health issues and make things happen! Volunteers bring ideas, energy and support that make each taskforce successful.

***Call today and join a taskforce. Help make a difference in your community! Call (252)475-5079 for more information.***

